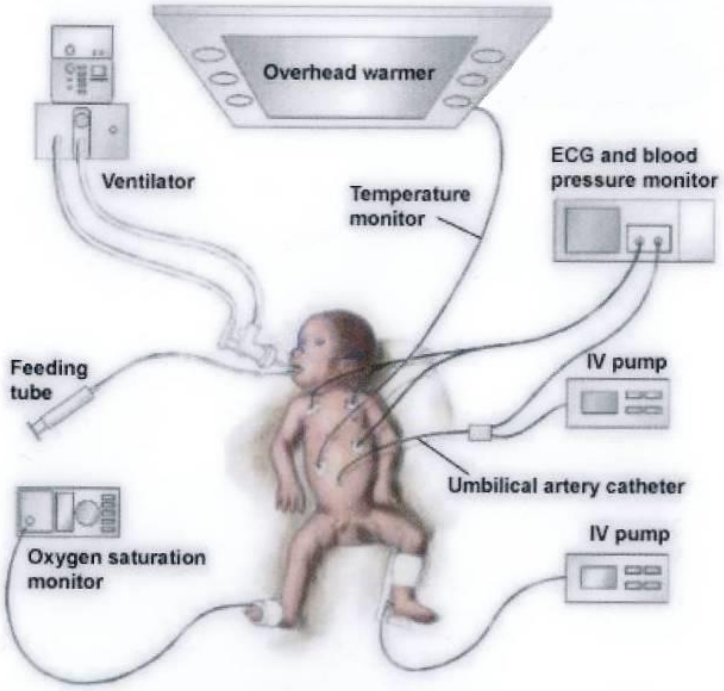


INTENSIVE CARE



- **Resuscitation:** YES
Will include one or more of: bag and mask ventilation, continuous positive airway pressure (CPAP), intubation, mechanical ventilation, intravenous access, chest compressions and epinephrine
- **Painful procedures:** YES
- **Duration of care for the baby:** Months in the NICU (neonatal intensive care unit).
- **Support Available:** YES

PALLIATIVE COMFORT CARE



You will have the option of having keepsakes in memory of your baby.

- **Resuscitation: NO**
Your baby will receive warm blankets, and be placed with you in a comfortable room. Sugar water and other pain-relieving medications will be given if necessary.
- **Painful procedures: NO**
- **Duration of care for the baby:** Minutes to hours
- **Support available: YES**

INTENSIVE CARE

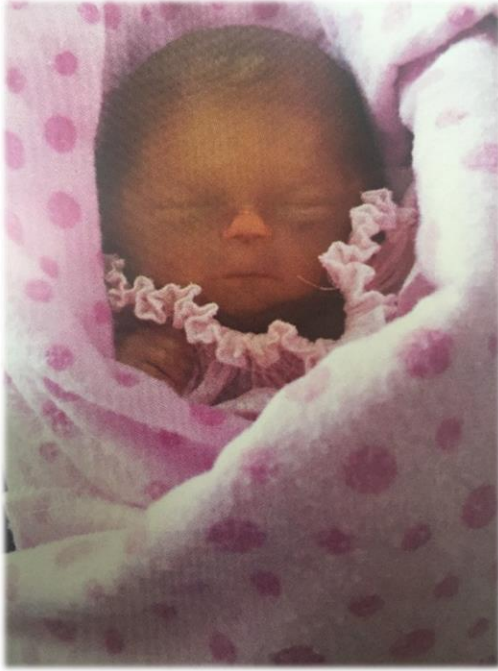


This is a photo of an extremely premature baby born at 24 weeks and receiving intensive care.



Extremely premature babies are only a little longer than an adult's hand.

PALLIATIVE COMFORT CARE



Palliative care gives you time to hold your baby (can be skin-to-skin or in a warm blanket) and ensure comfort.



INTENSIVE CARE OR PALLIATIVE COMFORT CARE ?

	INTENSIVE CARE	PALLIATIVE COMFORT CARE
Survival	Possible	No
Long-term Neuro-developmental Disability	Variable	N/A
Maternal Survival/ Physical Health	No	No
Impact on Quality of Life	Yes	Yes

QUALITY OF LIFE (QOL)

Quality of life of surviving former very premature infants and of parents/caregivers of these surviving children

PREMATURE INFANTS

Most studies report minimal difference in self-reported QOL compared to full-term children

- Chance of ongoing medical problems from being born extremely premature
- Chance of limits in ability to perform everyday tasks

PARENTS / CAREGIVERS

Studies report both negative and positive impacts compared to parents of full-term children

- Emotional health
- Stress
- Family and marital bonds
- Confidence in parenting ability

MATERNAL IMPACT

SURVIVAL

- Dying during pregnancy is very rare
- Related to maternal health condition

PHYSICAL HEALTH

- Choice for baby has no direct impact
- Related to maternal health condition
- Caesarean section

THINGS THAT AFFECT SURVIVAL AND RISK OF DISABILITY

SURVIVAL/DISABILITY COMPARED TO AVERAGE:

WORSEN

- Lower birth weight
- Early in week of gestation
- No maternal steroids
- Male
- Multiples

IMPROVE

- Higher birth weight
- Late in week of gestation
- Maternal steroids
- Female
- Singleton

Note: Some ultrasound findings (e.g. no amniotic fluid for weeks) can affect survival and/or the risk of disability.

ADDITIONAL INFORMATION

Other potential points of interest for parents to discuss
with their healthcare provider

NICU:

- Visits
- How does it work? Who is involved?
- Being a parent of a child in the NICU
- Postnatal complications
- Feeding, including breast milk

Beyond the NICU:

- Re-hospitalizations
- Other long-term outcomes

Note: There are other potential concerns or interests beyond the ones listed here. Parents are encouraged to ask their healthcare provider for more information.

ADDITIONAL INFORMATION

Acronyms:

- AOP – apnea of prematurity
- Anemia – anemia of prematurity
- BPD – bronchopulmonary dysplasia
- CLD – chronic lung disease
- EBM – expressed breast milk
- EOS/LOS – early or late onset sepsis
- IVH – intraventricular hemorrhage
- NEC – necrotizing enterocolitis
- PDA – patent ductus arteriosus
- RDS – respiratory distress syndrome
- ROP – retinopathy of prematurity
- TPN – total parenteral nutrition
- UVC – umbilical venous catheter

SURVIVAL

In Canada

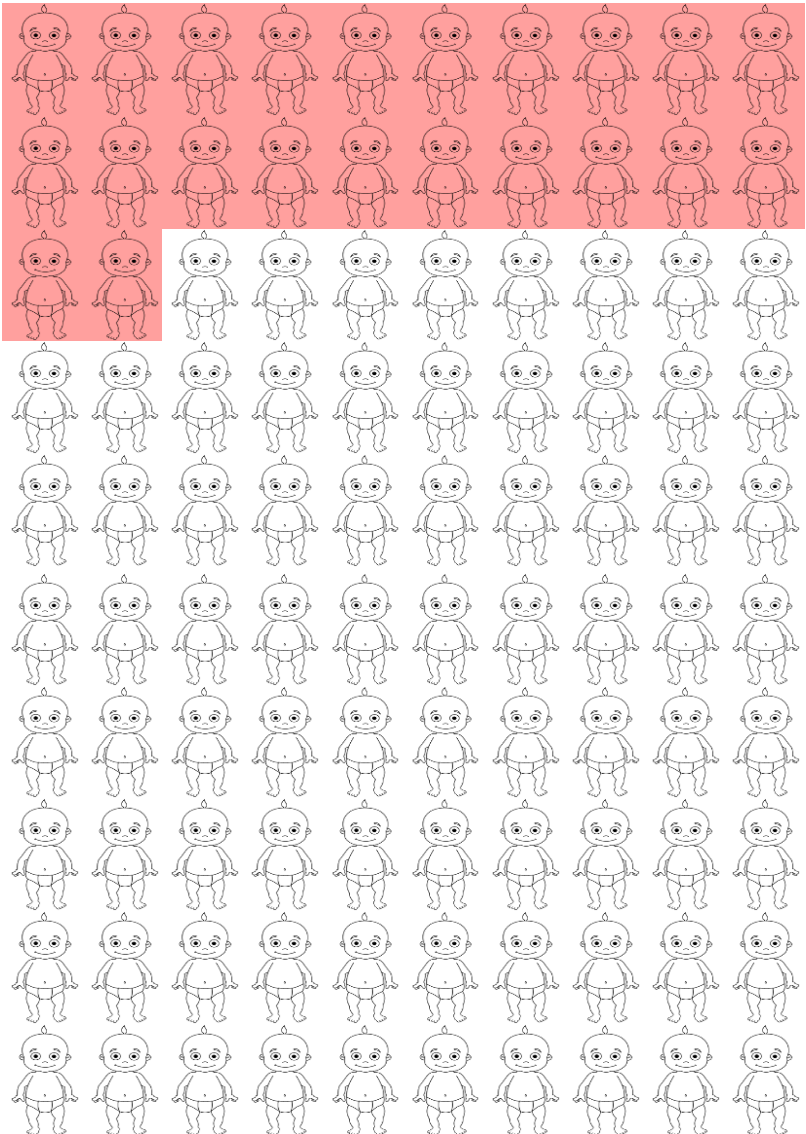
22 WEEKS

~500 g

~1 pound, 1 ounce

22 out of 100 babies will LIVE
78 out of 100 babies will DIE

Range: 16-30%



SURVIVAL

In Ottawa

22 WEEKS

There is no accurate representation of the true probability of survival of babies born at 22 weeks in Ottawa due to the few numbers of babies born at 22 weeks.

Between 2015-2018, we have had 8 attempts at intensive care for babies born at 22 weeks in Ottawa.

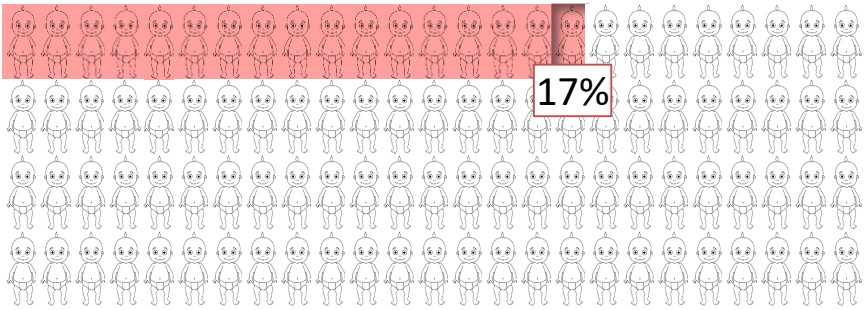
Of these attempts, 3 babies survived to discharge from the NICU.

NEURODEVELOPMENTAL DISABILITY (NDD)

22 WEEKS

SEVERE NDD

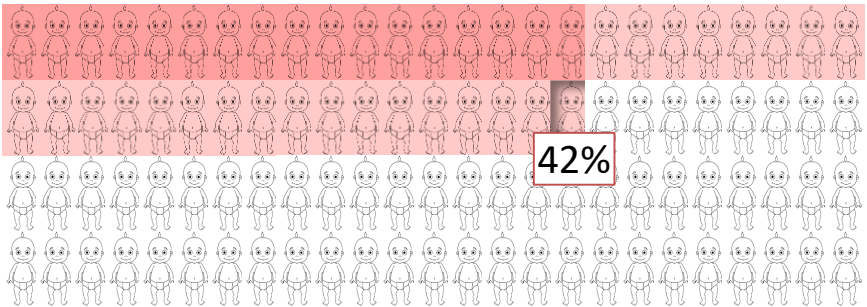
Range: 6-37%



Average

MODERATE-TO-SEVERE NDD

Range: 23-64%



Average

*Data on this card calculated from 24 babies given intensive care
at 22 weeks who survived to discharge.*

SURVIVAL

In Canada

23 WEEKS

~585 g

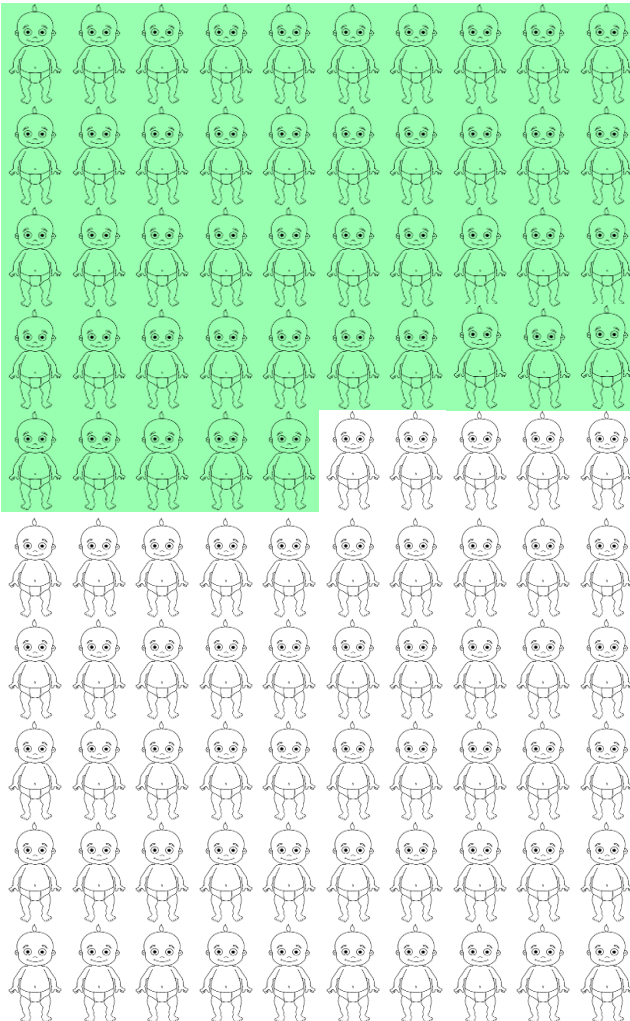
~1 pound, 5 ounces

Survival of babies born at 23 weeks who receive intensive care

45 out of 100 babies will LIVE

55 out of 100 babies will DIE

Range: 41-48%

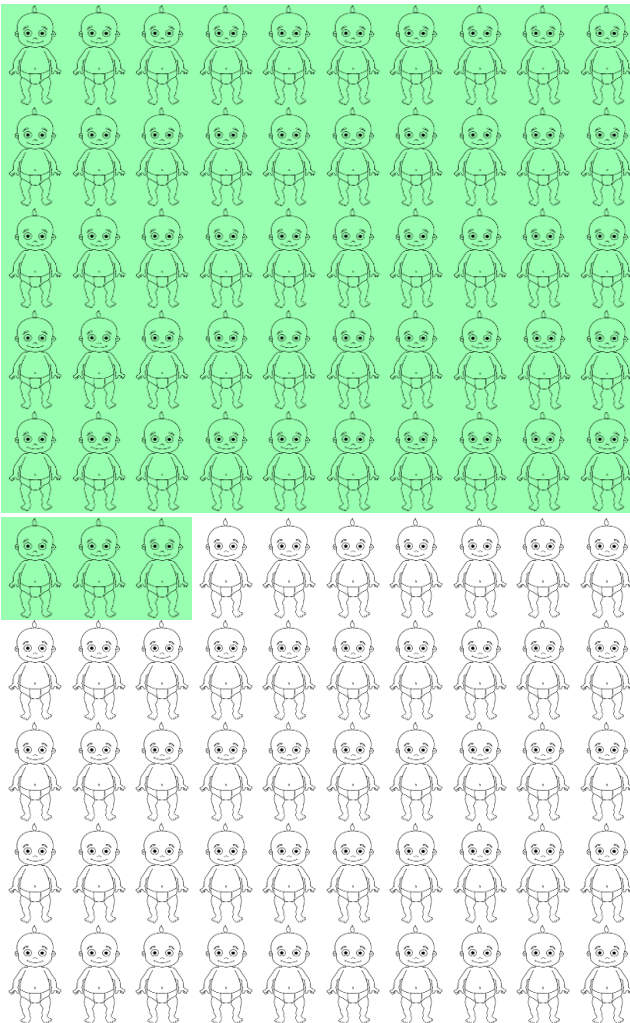


SURVIVAL

In Ottawa

23 WEEKS

53 out of 100 babies will LIVE
47 out of 100 babies will DIE



**These numbers are based on: 8 babies survived out of 15 babies who received intensive care at 23 weeks.*

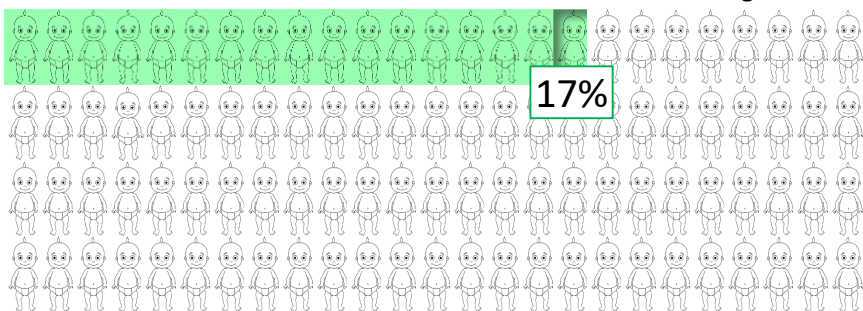
NEURODEVELOPMENTAL DISABILITY (NDD)

23 WEEKS

Disability of babies born at 23 weeks who receive
intensive care and survive

SEVERE NDD

Range: 12-24%



Average

MODERATE-TO-SEVERE NDD

Range: 31-52%



Average

SURVIVAL

In Canada

24 WEEKS

~650 g

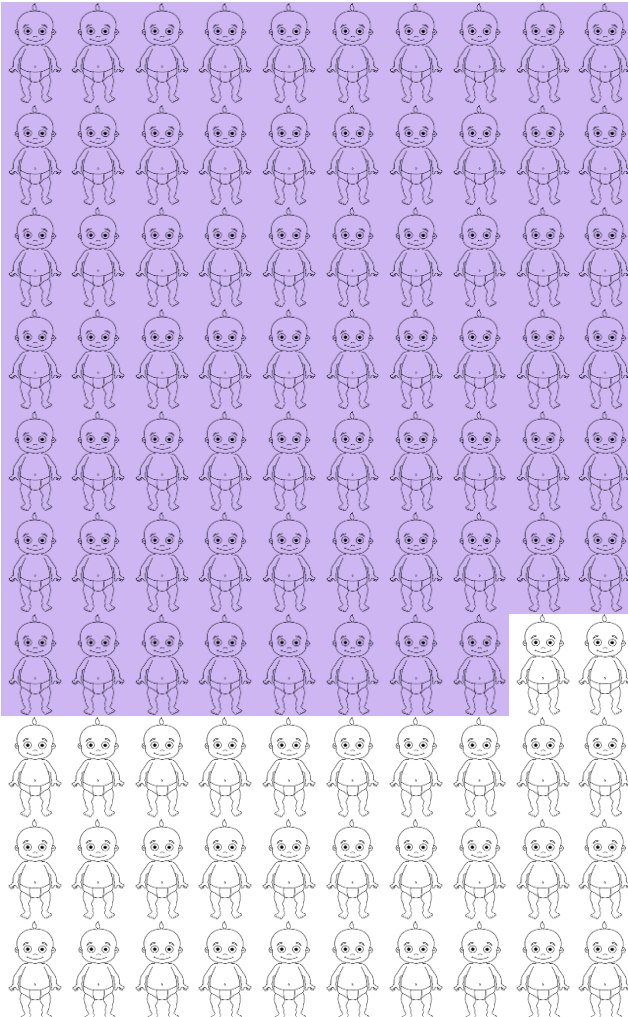
~1 pound, 7 ounces

Survival of babies born at 24 weeks who receive intensive care

68 out of 100 babies will LIVE

32 out of 100 babies will DIE

Range: 65-70%

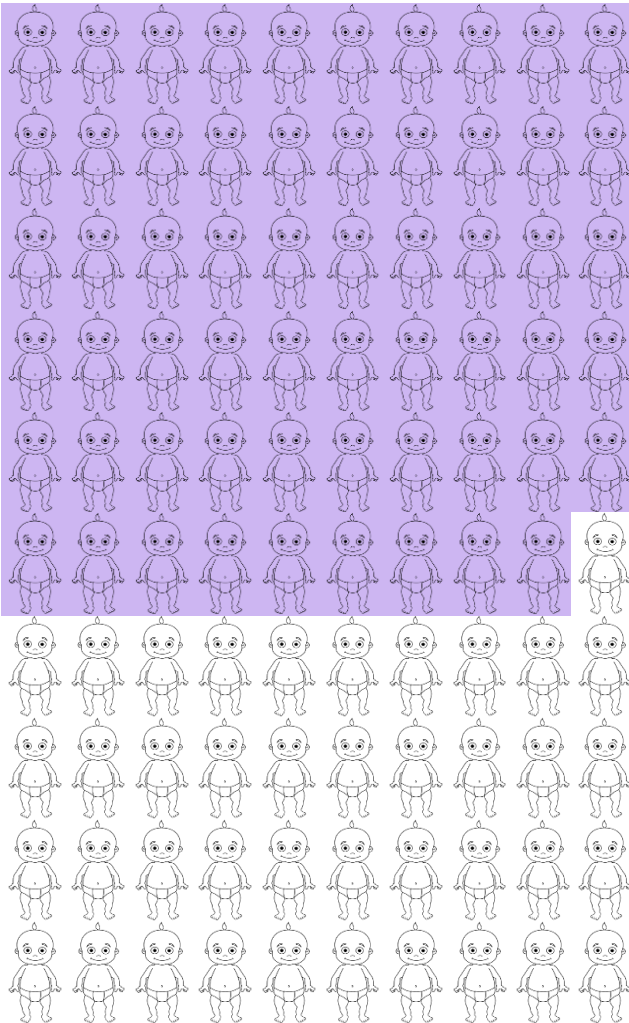


SURVIVAL

In Ottawa

24 WEEKS

73 out of 100 babies will LIVE
27 out of 100 babies will DIE



**These numbers are based on: 22 babies survived out of 30 babies who received intensive care at 24 weeks.*

NEURODEVELOPMENTAL DISABILITY (NDD)

24 WEEKS

Disability of babies born at 24 weeks who receive intensive care and survive

SEVERE NDD

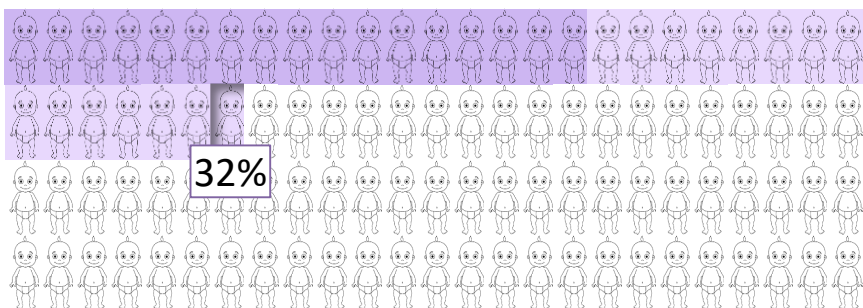
Range: 12-23%



Average

MODERATE-TO-SEVERE NDD

Range: 25-39%



Average

SURVIVAL

In Canada

25 WEEKS

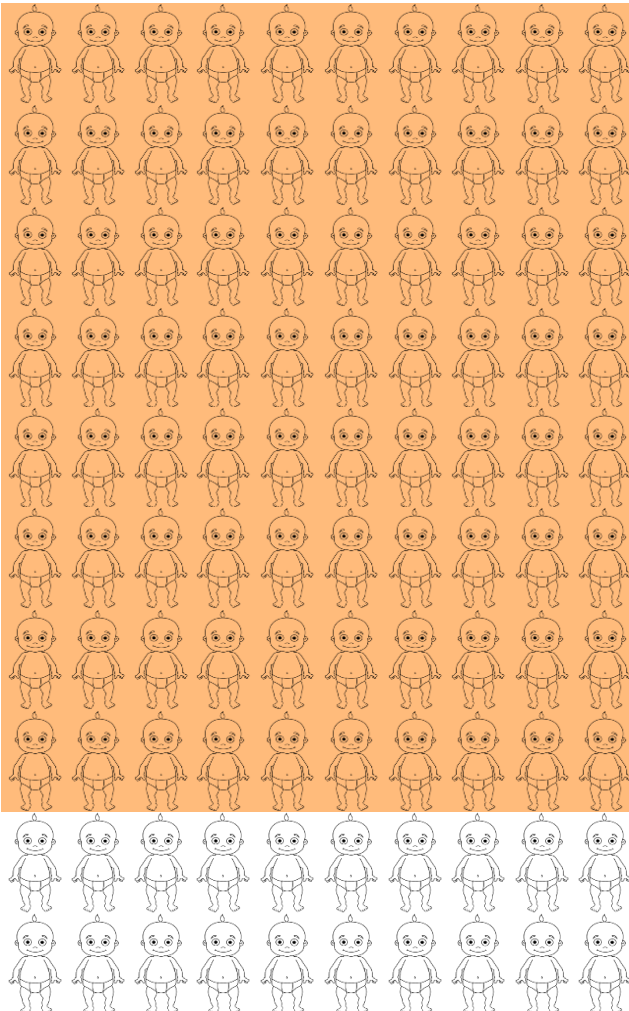
~750 g

~1 pound, 10 ounces

Survival of babies born at 25 weeks who receive intensive care

80 out of 100 babies will LIVE
20 out of 100 babies will DIE

Range: 78-82%

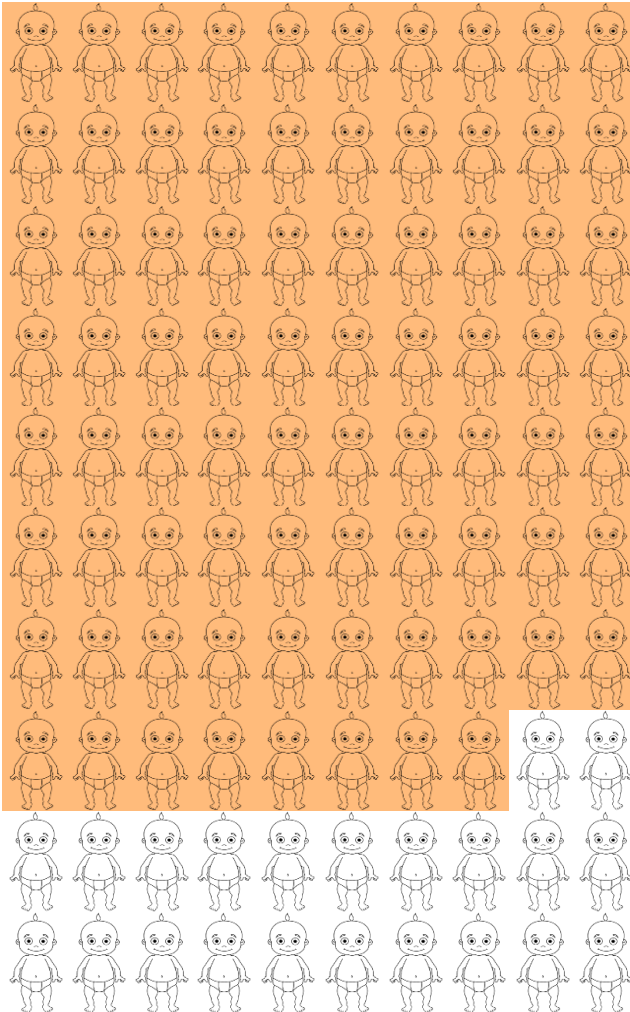


SURVIVAL

In Ottawa

25 WEEKS

78 out of 100 babies will LIVE
22 out of 100 babies will DIE



**These numbers are based on: 29 babies survived out of 37 babies who received intensive care at 25 weeks.*

NEURODEVELOPMENTAL DISABILITY (NDD)

25 WEEKS

Disability of babies born at 25 weeks who receive intensive care and survive

SEVERE NDD

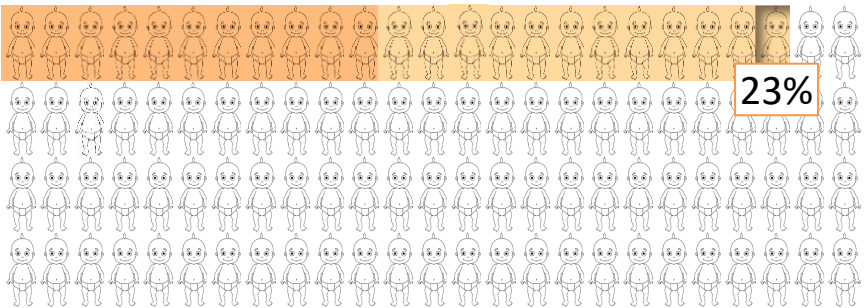
Range: 7-16%



Average

MODERATE-TO-SEVERE NDD

Range: 18-29%

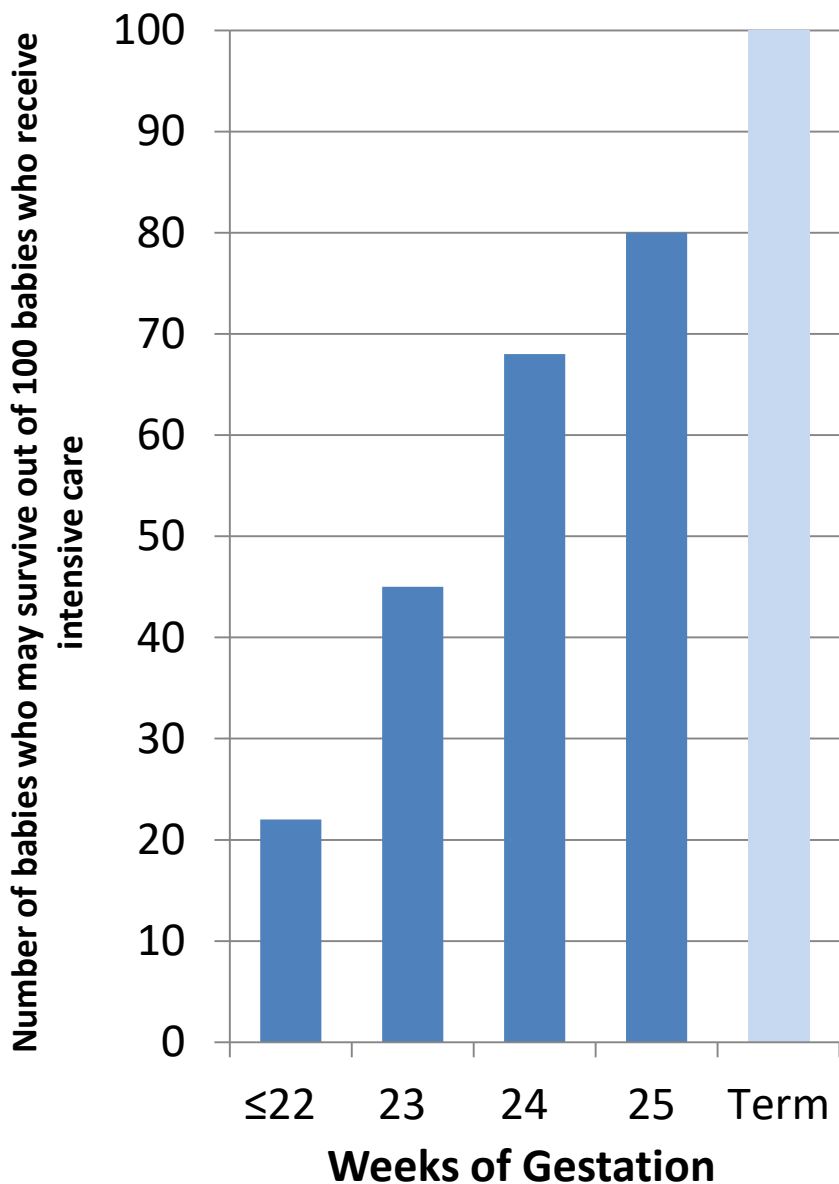


Average

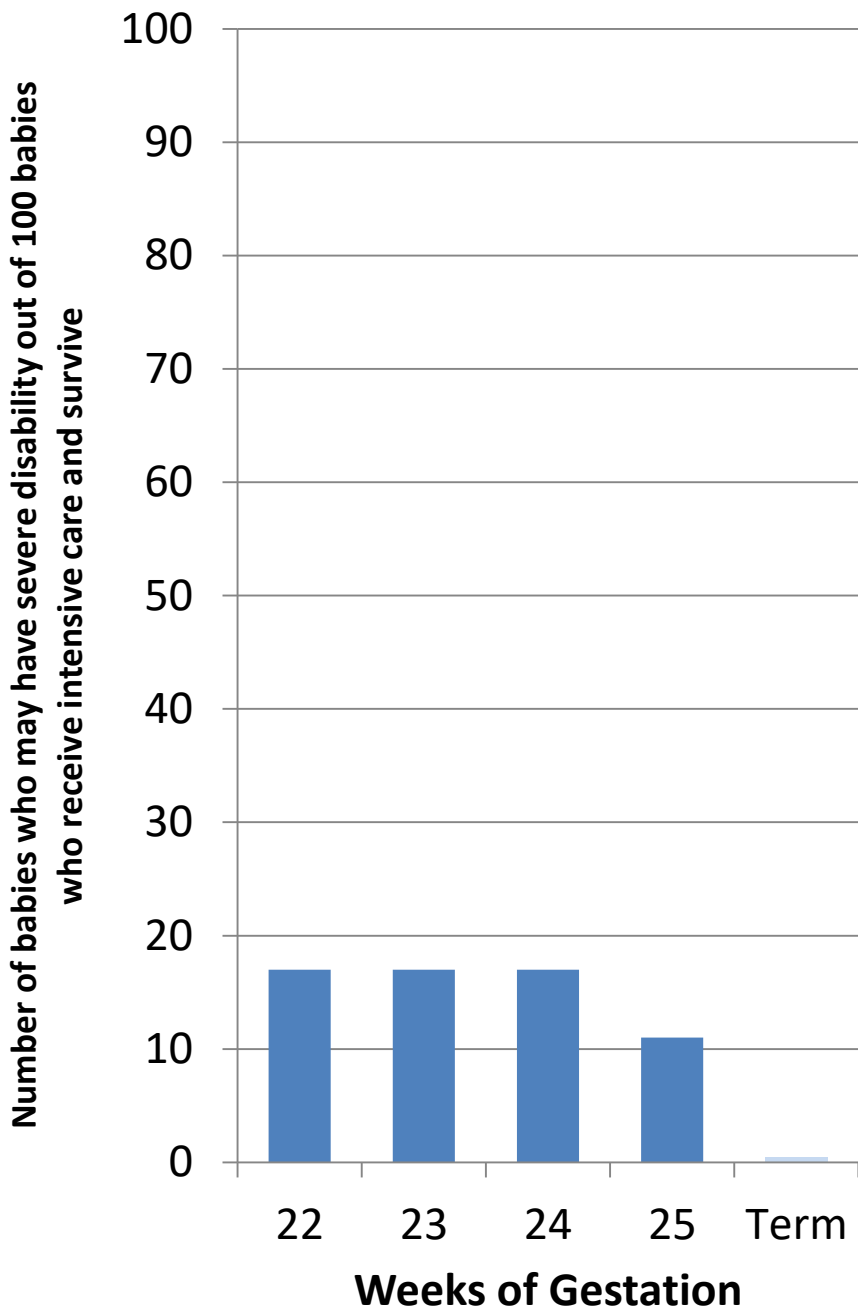
SURVIVAL

INCREASES BY GESTATIONAL AGE

~2010-2017 survival data from Canadian Neonatal Network~



SEVERE NDD



MODERATE-TO-SEVERE NDD

